



Local Dining & Activity Guide

TRANSPORTATION

- The Bethesda Circulator →
 - bethesda.org/bethesda/bethesda-circulator
- Metrorail & Metrobus
 - bethesdatransit.org/bethesda/metrorail-metrobus →



DINING

- The Bethesda Dining Guide
 - bethesda.org/dining-guide →
- Pike & Rose
 - pikeandrose.com →
- The Baked Bear - thebakedbear.com/locations/bethesda
 - **Show your Day of Belonging nametag at The Baked Bear in Bethesda for a 20% discount.** →



THINGS TO DO (See reverse side for more info, & QR Codes.)

- Poetry Yoga Retreat with Courtney LeBlanc
 - courtneyleblanc.com/poetry-yoga-retreat
- Bethesda Art Galleries & Studios
 - bethesda.org/arts-and-entertainment/art-galleries-studios
- Rockville Arts & Culture
 - rockvillemd.gov/348/Arts-Culture
- Extend Yoga (Coupon Code on Reverse Side)
 - extendyoga.com

Scan this QR code or [click here](#) to access a fully accessible version of this guide online.



Autumn Reset for Your Creative Mind & Body



10am - 4pm Sunday
15 September 2024

A day of yoga and creative
writing at Fox Haven Farm.
All levels welcome!

Info & Registration:
[www.courtneyleblanc.com](http://www.courtneyleblanc.com/poetry-yoga-retreat)
[/poetry-yoga-retreat](http://poetry-yoga-retreat)

Fox Haven Farm
3630 Poffenberger Rd
Jefferson, MD



Early bird registration ends 1 July!

**Bethesda Art
Galleries & Studios**



**Rockville Arts
& Culture**



Get 20% off when showing your Day of Belonging
nametag at The Baked Bear in Bethesda.



extendYOGA



1 Free Class for any of our CBAW friends:
Check the schedule: <https://tinyurl.com/2s3zyz3k>
Create an account, pick a class and enter
Promo Code: **cbaw** to get 1 Free Class
Offer available through Sept 30th, 2024